

**Georgia  
Tech**



**Research  
Institute**

OSHA Training Institute  
Education Center

# Authorized Outreach Trainer Update

March 8, 2012



# Breakdown of Topic Hours by Class Type



# 10-Hour Construction

## Required: 7 Hours

### 2 Hours: Intro to OSHA

### 4 Hours: Focus Four:

- Fall Protection: **1 Hour 15 Minute Minimum**
- Electrocution: 30 Minute **Minimum**
- Struck By: 30 Minute **Minimum**
- Caught In/Between: 30 Minute **Minimum**

Please note that the MINIMUM time requirements for each section of **Focus Four** equals 2 hours and 45 minutes, additional time must be added for the total amount of time spent of **Focus Four to equal FOUR (4) HOURS.**

### 30 Minutes: Personal Protective and Lifesaving Equipment

### 30 Minutes: Health Hazards in Construction

## Electives: 2 Hours

### Must cover at least 2 topics:

- Cranes, Derricks, Hoists, Elevators, and Conveyors
- Excavations
- Materials Handling, Storage, Use, and Disposal
- Scaffolds
- Stairways and Ladders
- Tools: Hand and Power

**Optional: 1 hour.** Teach other construction industry hazards or policies and/or expand on the mandatory or elective topics. The minimum length of any topic is one-half hour.

# 30-Hour Construction

## Required: 15 Hours

### 2 Hours: Intro to OSHA

### 2 Hours: Managing Safety and Health

May include Injury and Illness Prevention Programs, job site inspections, accident prevention programs, management commitment and employee involvement, worksite analysis, hazard prevention and control, accident investigations, how to conduct safety meetings, and supervisory communication.

### 6 hours: Focus Four:

- Fall Protection: **1 Hour 15 Minute Minimum**
- Electrocution: 30 Minute **Minimum**
- Struck By: 30 Minute **Minimum**
- Caught In/Between: 30 Minute **Minimum**

Please note that the **MINIMUM** time requirements for each section of **Focus Four** equals 2 hours and 45 minutes, additional time must be added for the total amount of time spent of **Focus Four** to equal **SIX (6) HOURS**. Trainer may spend up to ten hours on **Focus Four**.

### 2 Hours: Personal Protective and Lifesaving Equipment

### 2 Hours: Health Hazards in Construction

### 1 Hour: Stairways and Ladders

# 30-Hour Construction

## Electives: 12 Hours

### Must cover at least 6 topics:

- Concrete and Masonry Construction
- Confined Space Entry
- Cranes, Derricks, Hoists, Elevators, and Conveyors
- Ergonomics
- Excavations
- Fire Protection and Prevention
- Materials Handling, Storage, Use, and Disposal
- Motor Vehicles, Mechanized Equipment and Marine Operations; Rollover Protective Structures and Overhead Protection; and Signs, Signals and Barricades
- Powered Industrial Vehicles
- Safety and Health Programs
- Scaffolds
- Steel Erection
- Tools - Hand and Power
- Welding and Cutting

**Optional: 3 hours.** Teach other construction industry hazards or policies and/or expand on the mandatory or elective topics. The minimum length of any topic is one-half hour.